

# St. Anthony's CYO *Lil' Babes* Divisional Rules

Rules Revised: 29 January 2012

## *General*

- Practices are only at St. Anthony's Field, and never away from the CYO Complex.
- The session starts at 9:00am
- Stations will be setup for skills training for throwing, batting, base running and fielding.
- The session will begin after the Opening Pray and the National Anthem.
- Line players up for the Opening Pray and National Anthem. Please make sure all players shirts are tucked into their pants.
- Players can not wear their hats backwards.

## *Skills Training*

- During the first five sessions work with players on proper throwing and hitting stance at homeplate, base running and fielding.

## *Game Play*

- After the fifth session the players will play games using the skills learned to get them ready for the next year.
- An inning is over when all players get to bat once.
- A batter is not allowed to slide into first base (*added to rules mid-2010 season*).
- At the conclusion of a game each team will line up on their respective foul line for the traditional good sportsmanship handshake at home plate (*added to rules for 2005*).

## *Batting*

- Helmets must be worn at all times when batting and running bases. Helmets must have a face mask, even if it is the players personal helmet. This is a zero tolerance rule.
- There is no on-deck circle, only the player at-bat can swing a bat.
- Hit off batting "T" the entire season.
- Batter bats until hits the ball.
- Each hitter gets a single, except last batter. He/she gets a home run and clears bases. Please rotate the last batter between all of your players.

## *Fielding*

- Players basically form a horseshoe from first base to third, plus a pitcher. The fielder should be slightly outside of the running paths.
- If players can throw, you can position several in the outfield—they can get the grounders that get through the infield.
- Bases are 40' apart.

Please follow the St. Anthony's [CYO Philosophy](#) rules.

*Have Fun and Play Ball!*

[All Divisional Schedules](#)