

St. Anthony's CYO Majors' Softball Division 5th & 6th Graders Divisional Rules

Rules Revised: 30 Dec 04

General

- ❖ Practice for 10 minutes starting at the appointed time.
- ❖ Games begin after the Opening Pray and the National Anthem, and not before. Please line players up along the foul line at your dugout for the Opening Pray and National Anthem. Please have the players tuck their shirts into their pants, and take their hats off.
- ❖ Helmets must be worn at all times when batting and running bases. This is a zero tolerance rule in this division. Helmets must have a face mask, even if it is the players personal helmet.
- ❖ Players can not wear their hats backwards.
- ❖ Hair should be worn up in a pony tail, and out of the way of the face.
- ❖ No jewelry, rings, earrings, chains etc.
- ❖ There is a 5 run per inning mercy rule. The mercy rule is waived in the last inning, agreed upon by both coaches.
- ❖ At the conclusion of the game, each team will line up on their respective foul line for the traditional good sportsmanship handshake at home plate (*added to rules for 2005*).

Practices

- ❖ No practices before the opening of Spring Training.
- ❖ Practices are only at St. Anthony's Field, and never away from the CYO Complex.
- ❖ In-season practices are only on Thursday nights at specific times for one hour.

Batting

- ❖ There is no on-deck circle.
- ❖ Helmets must be worn at all times when batting and running bases. This is a zero-tolerance rule in this division. Helmets must have a face mask, even if it a child's personal helmet.
- ❖ No bunting.
- ❖ Dropped third strike—batter is automatically out, cannot advance to 1st base (too many wild throws into rightfield).
- ❖ Batter is entitled to her batting position, then the catcher can set-up.
- ❖ Strike zone is the width of the plate, and from the knees to the armpits.

Base Running

- ❖ There is no leading or base stealing.

- ❖ Bases are 60' apart.
- ❖ [Infield Fly rule](#) is in effect.

Overthrows

- ❖ Runners can advance only one base on any over throw in the field of play or into the dugout.
- ❖ If a player is stealing a base, while there is an over throw, she is entitled to the base and then tries for one additional base.
 - IE: Runner on 1st, goes to steal 2nd. Throw goes into CF. Runner can only advance to 3rd base, but can be thrown out at 3rd. Another scenario— 1st and 3rd—runner on 1st steals 2nd. Throw goes into CF. Runner on first can only advance to 3rd. Runner on 3rd can go home on the over throw.

Pitching

- ❖ No windmill pitching, nor a high arc. We use a moderate arc on the pitch.
- ❖ 2 innings per game--maximum.
- ❖ Pitchers are limited to four walks per inning. Do not remove the player from the game; rotate her back into the field.
- ❖ Must pitch from the rubber or behind, closer to the plate is not allowed.
- ❖ Pitchers will be replaced if they hit two batters. Do not remove the player from the game; rotate her back into the field.

Please follow the St. Anthony's [CYO Philosophy](#) rules.

Have Fun and Play Ball!

[All Divisional Schedules](#)