

# St. Anthony's CYO T-Ball -- Rookies & Vets Divisional Rules

Rules Revised: 16 May 2010

## General

- ❖ Practices are only at St. Anthony's Field, and never away from the CYO Complex.
- ❖ Practice for 10 minutes starting at the appointed time.
- ❖ No game can begin before the Opening Pray and the National Anthem.
- ❖ Line players up along the foul line at your dugout for the Opening Pray and National Anthem. Please make sure all players shirts are tucked into their pants.
- ❖ Players can not wear their hats backwards.
- ❖ Helmets must be worn at all times when batting and running bases. Helmets must have a face mask, even if it is the players personal helmet. This is a zero tolerance rule.
- ❖ Play all players in field, in a horseshoe from first base to third.
- ❖ An inning is over when all players get to bat once.
- ❖ A batter is not allowed to slide into first base (*added to rules mid-2010 season*).
- ❖ At the conclusion of the game, each team will line up on their respective foul line for the traditional good sportsmanship handshake at home plate (*added to rules for 2005*).

## Batting

- ❖ There is no on-deck circle

### T-Ball Rookies

- ❖ Hit off batting "T" the entire season.
- ❖ Batter bats until hits the ball.
- ❖ Each hitter gets a single, except last batter. He/she gets a home run and clears bases. Please rotate the last batter between all of your players.

### T-Ball Veterans

- ❖ Hit off batting "T" except for the last four games.
- ❖ Coach-pitch last four games--from a kneeling position and toss ball similar to a dart. Aiming for their bat. Kneel about 25-30 feet away.
- ❖ Ask a parent to act as catcher.
- ❖ Each hitter gets a single, except last batter. He/she gets a home run and clears bases. Please rotate the last batter between all of your players.
- ❖ For the last four games, a batter will get five good pitches. If he/she can't not hit the ball, then you can revert back to the batting "T".

## Fielding

- ❖ Players basically form a horseshoe from first base to third, plus a pitcher. The fielder should be slightly outside of the running paths.
- ❖ If players can throw, you can position several in the outfield—they can get the grounders that get through the infield.

- ❖ Bases are 40' apart.
- ❖ Please follow the St. Anthony's [CYO Philosophy](#) rules.
- ❖ *Have Fun and Play Ball!*
- [All Divisional Schedules](#)